Today we will start with Module 1 - Making Connections
The goal of this module is to accomplish the following three objectives:

• We will define personality preferences
• You will discover your strengths and the strengths of others
• And we will discuss communication challenges

One of the programs we will be using to help identify these three objectives is True Colors.
Don Lowry created the metaphor, True Colors™, to translate complicated personality and learning theory into practical information we can all understand and use.

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You will learn the differences between how personalities are drawn to different roles and responsibilities. Being a Key Spouse will provide you with many opportunities to interface with many other personality types. It is important to know yourself, your strengths, your weaknesses and what motivates you. By identifying your True Colors you will be able to better relate and work with others in the future.
What does this mean to you as a Key Spouse?

• It will Help you relate positively to others
• And it will Lessen the discomfort and dissatisfaction you might feel when dealing with certain personalities
• It will also Enhance your ability to communicate with others
• Your first color represents your strengths
• Your second color influences how you express your first color
• Your fourth color represents your weakness
• Extroverts tend to be oranges and blues
• Introverts tend to be golds and greens
Are you a Gold? The best word to describe a Gold is **conventional**. Pillar of strength and have **high respect for authority**. Like to **establish and maintain policies, procedures, and schedules**. Have a **strong sense of right and wrong**. Naturally parental and dutiful

**Do things that require organization, dependability, management, and detail.** Need to be useful and to belong. **Sensible, stable backbone of any group.** Believe that work comes before play

**Value home, family, status, security, and tradition.** Seek relationships that help ensure a predictable life. Caring, concerned, and loyal. Show concern through practical things.
Relating to gold’s

Do

• Show the practicality in an idea or a product
• Give time to plan things
• Acknowledge when something is done well

Don’t

• Expect individual to be spontaneous
• Force to take risks
• Demand too much immediate change

Some famous Gold Personalities are:

• Andrew Johnson
• Billy Graham
• Dan Rather
• George Bush
• Henry Ford
• J. Edgar Hoover
• Julia Child
• Margaret Thatcher
• Nancy Reagan
• Robert Dole
• Rush Limbaugh
• Walter Cronkite, just to name a few.
The best word to describe a Blue is **compassionate**. Always encouraging and supporting. A **peacemaker, sensitive to the needs of others**. A natural romantic

Like to do things that require **caring, counseling, nurturing, and harmonizing**. Have a strong desire to contribute and to help others lead more significant lives. Poetic and often enjoy the arts

**Value integrity and unity in relationships.** Enthusiastic, idealistic, communicative, and sympathetic. Express my feelings easily.
Relating to blues

Do

• Allow to express feelings
• Share personal feelings about any topic
• Accept individuality and uniqueness

Don’t

• Expect to be confrontational
• Compare to someone else
• Deny emotions or criticize sensitivity

Some famous Blue’s you may know of:

• Abraham Maslow
• Billy Dee Williams
• Carl Jung
• Halle Berry
• Katie Couric
• Mariah Carey
• Meg Ryan
• Mother Teresa
• Michael Jackson
• Oprah Winfrey
• Princess Diana
• Richard Simmons
• Whitney Houston
The best word to describe a green is they are conceptual. Have an investigative mind, **intrigued by questions** like, "Which came first, the chicken or the egg?" Independent thinker, a natural nonconformist, and live life by own standards

Do things that require **vision, problem solving, strategy, ingenuity, design, and change**. Once an idea is perfected, prefer to move on to a new challenge

**Value knowledge, intelligence, insight, and justice.** Enjoy relationships with shared interests. Prefer to let head rule the heart. Cool, calm, and collected. Do not express emotions easily.
Relating to greens

Do

• Give logical explanations
• Allow time to think about decisions
• Present data to support ideas

Don’t

• Force to talk about feelings
• Take everything said personally
• Become too emotional when arguing with this individual

Famous Green personalities include:

• Abraham Lincoln
• Aristotle
• Arnold Schwarzenegger
• Bryant Gumbel
• Dwight D. Eisenhower
• Henry Kissinger
• John F. Kennedy
• Maya Angelou
• Mr. Spock
• Plato
• Richard Nixon
• Robin Williams
The best word to describe an Orange is **courageous**. Acts on a moment's notice. Sees life as a roll of the dice, a game of chance. **Need stimulation, freedom, and excitement.** A **natural leader, troubleshooter, and performer.**

Do things that require **variety, results, and participation.** Often enjoy using tools. **Competitive and bounce back quickly from defeat.**
Relating to an orange

Do
- Appreciate jokes and playful nature
- Allow to be independent
- Provide some structure yet be flexible

Don’t
- Be intimidated by energy
- Be surprised at changeable nature
- Demand adherence to a strict schedule

Famous Orange personalities include:
- Arsenio Hall
- Bart Simpson
- Bill Clinton
- Elvis Presley
- Franklin D. Roosevelt
- Janet Jackson
• Madonna
• Marilyn Monroe
• Mohammed Ali
• Ronald Reagan
• Ted Kennedy
• Theodore Roosevelt
• Tom Cruise