



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS UNITED STATES AIR FORCE
WASHINGTON, DC

7 Oct 19

MEMORANDUM FOR AF/A1P

FROM: AF/A1PPP

SUBJECT: Tier-1 Physical Fitness Assessment Exemption Extension

1. Recommend an extension of the Tier-1 physical fitness assessment exemption originally granted by the AF/A1 on 27 Oct 17 (Attachment 1) and extended by the AF/A1P on 6 Nov 18 (Attachment 2). This extension will allow specified functional communities to continue development and validation of Tier-2 physical fitness assessments that are occupationally specific and operationally relevant.
2. If approved, Airmen in Special Tactics Officer (13CX), Combat Rescue Officer (13DX), Special Operations Weather Officer (15WXH), Combat Control (1C2X1), Pararescue (1T2X1), Special Reconnaissance (1Z4X1), and Explosive Ordnance Disposal (3E8X1) Air Force Specialty Codes (AFSC) will be exempt from the aerobic, push-up, and sit-up components of the Tier-1 physical fitness assessment. These Airmen are still required to complete the abdominal circumference component in addition to their Tier-2 physical fitness assessment.
3. The recommended date of this extension is through 30 November 2020. All permanent exemptions granted by the AF/A1 on 27 October 2017 memorandum will remain in effect and will be incorporated into the next revision of Air Force Fitness Program policy.
4. Questions pertaining to this memorandum can be addressed to AF/A1PPP at DSN 227-4358.

A handwritten signature in black ink, reading "Matthew J. Huibregste", is positioned above the typed name.

MATTHEW J. HUIBREGSTE, Lt Col, USAF
Chief, Promotion, Evaluation, Recognition and
Fitness Policy

1st Ind to AF/A1PPP, 30 Sep 19, Tier-1 Physical Fitness Assessment Exemption Extension

AF/A1P

MEMORANDUM FOR AF/A1PPP

11 OCT 19

Approved / ~~Disapproved~~



TROY E. DUNN
Brig Gen, USAF
Director, Military Force Management Policy

Attachments:

1. HAF/A1 Tier 2 Exemption Memo, 27 October 2017
2. HAF/A1P Tier 2 Extension Memo, 6 November 2018

cc:

AF/A1S
AFPC/CC
AFSVA/CC