



Office of the Deputy Assistant Secretary of Defense
Military Community and Family Policy

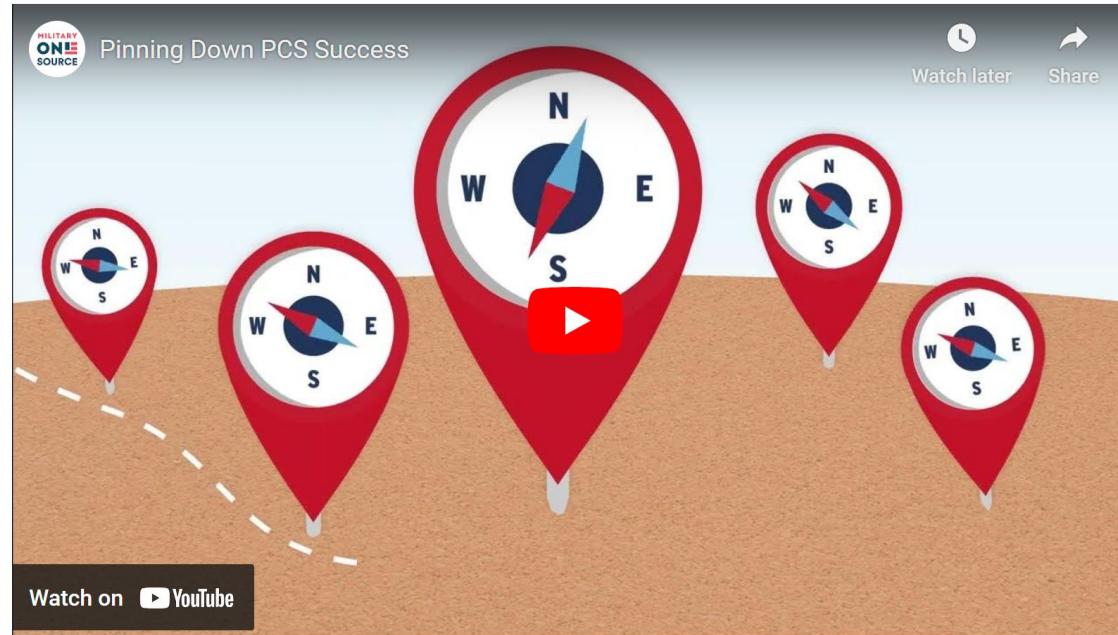
2023 PCS Season

Tools and Resources
Available From Military OneSource

July 2023

Quality of life policies and programs that help our guardians of country, their families and survivors be well and mission ready.

Pinning Down PCS Success



Click here to watch a video and explore a wide range of support at your fingertips from the Relocation Assistance Program and Military OneSource to master your PCS.



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PCS Tools and Resources

The [Relocation Assistance Program](#) and [Military OneSource](#) are your direct connection to relocation support – providing access to at-the-ready benefits and resources that help make moving smoother and less stressful.

From understanding entitlements and shipment options, to learning about a new community, exploring housing and schools, to moving with pets – Military OneSource has tools and resources to connect you with a full spectrum of PCS and relocation support.



Need local support?

Contact your installation Relocation Assistance experts at [MilitaryINSTALLATIONS](#) for help.



Stressed about your PCS?

A call to Military OneSource at 800-342-9647 or 24/7 live chat will put you in touch with a person who understands moving in the military and can connect you with the resources you need to make your PCS a success!



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Online Resources for Military Moves

Explore the **PCS & Military Moves** landing page on MilitaryOneSource.mil for comprehensive relocation information and resources. Find links to powerful planning tools including:



Plan My Move — for creating your customized moving checklist



Military INSTALLATIONS — for searching information about base essentials, housing and child care, family support programs and services, learning more about your new duty station, local neighborhood, and more.



Moving Your Personal Property — for accessing information about scheduling your personal property shipments, customer service contacts, filing a claim and more

The Defense Department is committed to helping service members and their families to master their move.

Get PCS Help From an Expert

Moving Your Life

Moving Your Family

Moving Your Stuff

FIND A LOCAL OFFICE

Moving Your Life

- [Military INSTALLATIONS](#) - Find information about your new installation: programs and services, maps, directions and more
- [Plan My Move](#) - Build a customized checklist to organize relocation information
- [Basic Allowance for Housing](#) - Look up the rate at your new location
- [Spouse Education and Career Opportunities](#) - Cultivate a portable career; learn about transferring your professional license, find a job, network with employers and more
- [Sponsorship](#) - Sign up to have a friendly face greet you and help you settle in
- [7 Ways to Settle into Your New Home Faster](#) - Read an article about different ways you can connect with your new community
- [TRICARE](#) - Learn more about your TRICARE options and what to consider when you move.

Find Customer Service Contacts

For questions concerning your military move or PCS, access following contacts to find the assistance you need.

GET ASSISTANCE



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Additional PCS Resources



Moving OCONUS? Check out these resources and tips for planning an overseas move.



Manage your career move as a military spouse during a PCS with support from the **Spouse Education and Career Opportunities** program, or SECO.



Settling in After Moving — Go here to find out about child care options, programs for youth and teens, filing moving claims and more once you're settled at your next duty station.



Helpful PCS Articles — Read relevant articles about the practical and emotional aspects of a PCS, including topics like “Moving with Pets” and “How to Inventory Your Belongings.”



Read more from military spouses and their boots on the ground experience with a PCS with the **Blog Brigade**.



Listen In — Military OneSource Podcasts

Navigate through topics important to military life with short podcasts from Military OneSource:

- **Tips and Tools for PCS Success** — Hear from a military spouse who can shed light on making frequent moves with success, including what helped and what was learned each time their family moved.
- **Sponsorship and Getting Settled at Your New Duty Station** — Learn how Military OneSource, your installation Military and Family Support Center, and military sponsors can help you get settled at your new duty station.
- **Conducting a Personally Procured Move** — Learn how to determine if a personally procured move is the best option for your family, explore the different ways to transport your household goods, and find out how to request temporary storage, book your personally procured move, and submit a reimbursement request for your moving expenses.

Play or download these podcasts at MilitaryOneSource.mil, Apple, Spotify, DVIDS, Amazon and Stitcher.



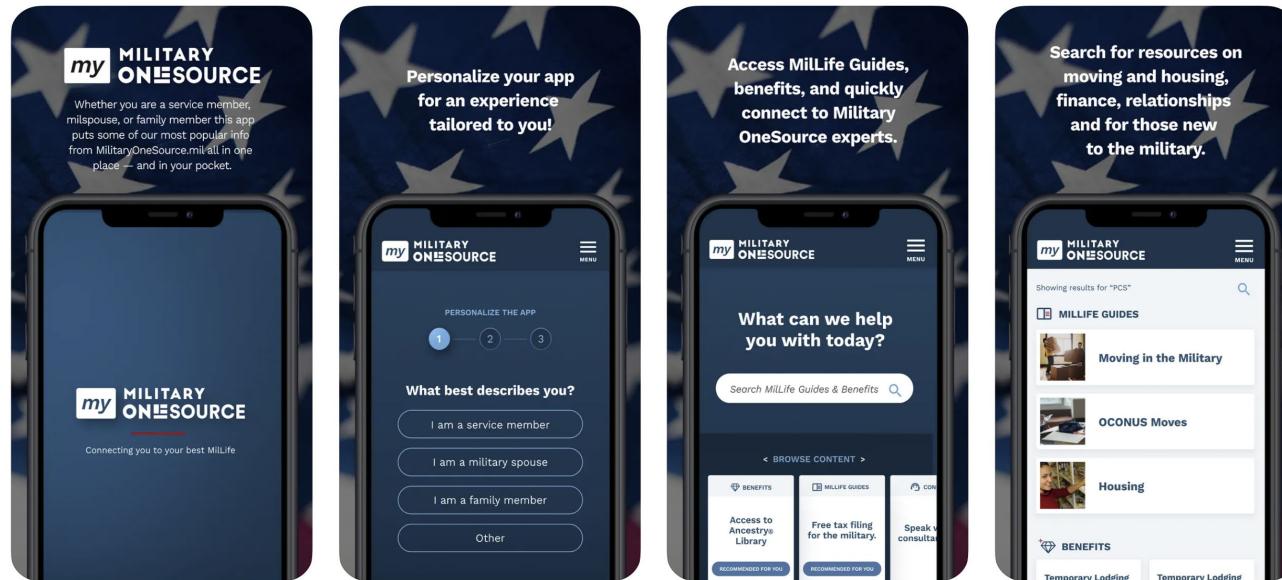
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24/7 Support with Military OneSource



Download the [My Military OneSource app](#) and connect fast to support and personalized answers for you and your MilLife.

Gain 24/7 access to powerful tools and help from the Defense Department — **in your hands, anytime, anywhere.**



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